*Hearing-assistance headsets and large-print hymnals and orders of service are available at the back of the sanctuary.

INGATHERING

Be Still and Breathe (Loretta K. Notareschi)

WELCOME

Rhonda Barkley, PUUC Governing Board

PRELUDE

As We Come Together (Loretta K. Notareschi)

CHALICE LIGHTING

(Leslie Takahashi)

CANDLE FOR SOCIAL JUSTICE

CALL TO WORSHIP

*SINGING HYMN #203

Whoever You Are (Adam Podd)

Whoever You Are (Adam Podd)

Whoever you are

Whomever you love

Wherever you are

on your life journey

You are welcome here

(Sing the above verse, 3x through)

You are welcome here

You are welcome here

You are welcome here

AFFIRMATION OF FAITH

(James Vila Blake, adapted)

JOYS AND SORROWS

MUSICAL RESPONSE #123

Spirit of Life (Carolyn McDade)



The Promise of the Holy (Jason Shelton) sung by the UU Peterborough Choir

REFLECTION

Meditation: A Beginner's Experience

*SINGING HYMN #1009

Meditation on Breathing (Sarah Dan Jones)

REFLECTION

Meditation: A Seasoned Experience

SILENT MEDITATION

*SINGING HYMN #352

Find a Stillness (Carl Seaburg, words; Transylvanian hymn; harmony, Larry Phillips)

INVITATION

BENEDICTION

Philippians 4:7, adapted

EXTINGUISHING THE CHALICE

POSTLUDE

Singing Bowls (Marybeth)

*Please rise in body or spirit

Today's flowers are given by Julie Flood Page and Dwight Schenk

To each volunteer who supported our gathering today, from providing childcare to making potluck dishes, thank you! This is shared ministry. *Rev. Lane*

UU Values

Unitarian Universalism through these shared values, all centered in **love:**

- Interdependence: We honor the interdependent web of all existence and acknowledge our place in it.
 - **Pluralism:** We are all sacred beings, diverse in culture, experience, and theology.
 - **Justice:** We work to be diverse, multicultural, Beloved Communities where all feel welcome and can thrive.
 - Transformation: We adapt to the changing world.
 - **Generosity:** We cultivate a spirit of gratitude and hope.
- **Equity:** We declare that every person is inherently worthy and has the right to flourish with dignity, love, and compassion.

MINISTER

Rev. Lane Fisher lane.fisher@uupeterborough.org

CHURCH ADMINISTRATOR

Morgan Carpenter morgan.carpenter@uupeterborough.org

DIRECTOR OF MUSIC MINISTRY

Marybeth Hallinan marybeth.hallinan@uupeterborough.org

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PETERBOROUGH UNITARIAN UNIVERSALIST CHURCH



SEPTEMBER 21, 2025

MEDITATION: AN INVITATION

WORSHIP LEADERS

FRANZ FEIGE
(HE/HIM)
REV.LANE FISHER
(SHE/HER)

MUSIC DIRECTOR
MARYBETH HALLINAN
(SHE/HER)