

WeeklyBits

Thoughtful tidbits for every week.
(You know...to keep up your spiritual bloodsugar)



Peterborough Unitarian
Universalist Church

25 Main Street
Peterborough, NH
603.924.6245

October 20, 2015

October our color is red, representing the theme: "Respect the importance and value of every person"
as a reminder to covenant to affirm and promote the inherent worth and dignity of every person.

This Sunday: October 25, 2015

Sermon: "Soil Land"; Following up on last weekend's theme of stepping beyond our categorical thinking, Rev. Shayna will share a personal journey in which she was actually moved to do so!

Greeters: Audrey Carvalho and Louise Malcolm

Community Hour: We need volunteers to make coffee on Sunday morning. Can you help?

Flowers: Audrey Carvalho

(To sign up, go to: <http://www.signupgenius.com> Log in with your login name and password, or click 'Find a Sign Up' at the upper right, use puuc@uupeterborough.org as the email to search. Or you can call the office at 924-6245 or simply respond to this email. *If you call me after 12:30 on Fridays, I will not get the voicemail. Email is better.*)

What's up this Sunday?

weekly news from our DRE Char James

This Sunday Jessica Lohrmann and Jackie Hurtado will offer childcare for children whose parents sing with the choir from 8:45-9:45am. Jackie and Jessica will also be in the nursery from 9:45-11:45 for infants through age 5. Our 6-9 year olds are exploring the first Unitarian Universalist principle in a curriculum called Love Surrounds Us. You can learn more about it here: <http://www.uua.org/re/tapestry/children/lovesurrounds>. Kristen Reilly and Char James will lead the 6-9 year old group this week.

Our middle and high school youth will travel to Otter Brook Farm. This will be the fourth week of an 8 week program. We started off slow but last Sunday had 5 youth participate. This is the fourth year our youth have worked at Otter Brook Farm with the farm manager Matthew Roy. They have planted vegetables in the high tunnel green house, built retaining walls, painted raised beds, stacked wood, moved boulders and helped to create a labyrinth. This Sunday, they will work under one of the apple trees getting it ready for the winter and the coming spring planting. They may work in the high tunnel also depending on weather.

Otter Brook Farm's Agricultural Education site was created four years ago by converting an old riding ring and hill side into an agriculture demonstration site using permaculture principals. It is located in Peterborough off of Rte. 137, down Gulf Road on the left just before Happy Valley Preschool. The site features a heated high

tunnel, seedling shed, labyrinth garden, water features, berms, polycultures and several other features familiar to permaculture. "Permaculture is a philosophy of working with, rather than against nature; of protracted and thoughtful observation rather than protracted and thoughtless labor; and of looking at plants and animals in all their functions, rather than treating any area as a single product system." Children and youth of all ages and from many different schools in the local area work at Otter Brook throughout the year. We are very fortunate to have this resource so close by.

I am still looking for drivers to shuttle the middle and high school students to Otter Brook for the next 5 Sundays. They leave promptly at 10am from the RE Wing and return by 11:45. ~ Char

"We often miss opportunity because it's dressed in overalls and looks like work."

— [Thomas A. Edison](#)

Buddhist Meditation

"Love comes to the truth not through suffering but through a leap into a realm in which generosity, kindness, and appreciation are the basement floor of existence. This is probably the most important similarity between awakening and falling in love." -- from Let Me Count the Ways by John Tarrant, from The Best Buddhist Writing 2012.

The Buddhist Meditation Group will be meeting at 7 pm this Thursday, **October 22nd**. Come join us!

This week we will be discussing *Let Me Count the Ways* by John Tarrant from *The Best Buddhist Writing of 2012* edited by Melvin McLeod and the editors of the Shambhala Sun magazine. Readings are suggested, but not necessary for the discussion.

Following an hour of silent meditation (both walking and sitting), there will be refreshments followed by a discussion of the reading

Meditation instruction is available for those who wish it. All are welcome. NOTE: We meet in the stage area at the back of the Parish Hall. The Parish Hall itself is dark, so be sure to come to the back door next to the Kitchen in order to find us! Though punctuality is helpful, you are welcome to join regardless.

Please email pb.buddhist.meditation.group@gmail.com or call Nori Odoi or Rags Gilmore at [603 547-2650](tel:6035472650) if you have questions about this or any other issue.

Property Committee

Church Cleanup Saturday October 24 from 9-12.

Bring rakes, willing hands, and especially a weed whacker (let me know if you have one!)

jim_fearnside2juno.com

The Property Committee has volunteered to provide a **pancake breakfast during the Holiday Stroll, November 21st**. So far we have three volunteers, but we need five more from the church at large. We had good fun last Spring (see picture) doing a breakfast and helped the church coffers. Please contact breakfast coordinator Phil Jones and offer help!



Community Concerned for Justice

The Community Concerned for Justice will soon be offering transportation to women released from the Goffstown prison and the Cheshire County jail. We will be discussing the operational details at our bread and soup lunch meeting in the Dining Room after coffee hour on Sunday, October 25. All are welcome.

We will also be having a training session for anyone interested in driving at the Quaker Meeting House at 7pm on Tuesday, November 3. Anyone interested in driving is urged to come.

For any questions, call Carolyn Saari at 784-5258.

Holiday Stroll - Please Help!

The PUUC will once again be participating in the town wide Holiday Stroll which will take place on Saturday November 21st. This is a wonderful opportunity for us to join with other churches for some camaraderie and good "old Fashioned fun" This event is a very important fund raiser for our church and we depend on help from as many people as we can gather together for the occasion. Please help us! We have a great venue and our craft items sell well. If you would like a table to sell your creations please contact Jenny Brinsdon by November 1st. Tables are inexpensive. We will be needing baked goods and preserves for our bake table, not for getting those very special delectable cookies you produce every year for our famous "cookie walk." Don't let us down...our reputation is flawless! Get baking! In addition to all of this (no we are not through yet!) we are asking all church members and friends to bring in a small inexpensive gift item for our gift table. There will be a couple of boxes in the Parish Hall for these items starting November 1st. And oh yes, we need plants. This year the garden club will not be joining us, so bring along some greenery please...plants, arrangements, anything but wreaths (Windy Row will have a wreath stand) Please contact Jenny Brinsdon at jmbrinsdon@comcast.net or call 603-924-0980 to let her know how you can help. Now that we no longer have an active Women's Alliance, we need you more than ever! Are you feeling pressured yet? If so, you are doing great...go to the top of the class and give us a call!

Rummage Sale a Church Community Winner

Be proud, PUUC members and friends! The Rummage and White Elephant Sale brought in \$4,151, exceeding the \$3,000 goal by more than \$1,000.

Some say that it takes an awful lot of work to earn this much money and although it is true, there are so many other benefits from having a sale of this sort. It serves to bring together people from our congregation and the wider community. Laughter, grumbling, ooches, "Ahhh-chooos", puff-puffs, "Will you look at this," "Wow, this must be really valuable," these are only a few of the sounds that could be heard as groups and individuals prepared for the weekend event.

Making this autumn's sale successful were Fundraising Chair Tom Badgley who arrived at the church almost every day to check on and help volunteers, and carry the heavy's, post signs, hang the banner and for all intents and purposes, run the show. Hats off to Vanessa Amsbury-Bonilla, her daughters and their friends from ConVal High School's Interact club, they worked during their free time to unpack boxes and arrange the White Elephant items, artfully displaying a showcase of goods.

Thanks, Tom and Vanessa, and thanks Catharine and Morgaine, and your friends. Thanks to Linda Scerbinski for the hours she devoted to the White Elephant goods. Together with Jenny Brinsdon, Joyce Fearnside, Martha Eichler, Diana Farber-Reno, Peter Harrison, Jill Shaffer Hammond, her daughter-in-law, Sarah, Tony

Brinsdon, and Karen DeBonis, they organized hundreds of household goods, books, CDs, DVDs, and artwork throughout the Parish Hall.

Downstairs, Ginny Harbuck worked tirelessly on checking, attractively bundling and pricing linens. Julie Flood Page stepped in many times to work on linens, and she devoted Friday night and Saturday to setting up and selling the jewelry. Susan Stanbury was a regular during the weeks that the clothing had to be prepared. Rachel Billings and Anne Twitchell arrived in time to finish checking, folding and displaying the clothing along with volunteers, Jill and Sarah, Meredith Martin and Merry Stockwell. Outside, Anne Fischer climbed over stacked up goods for the outside sale, all week checking and pricing every item that had to be pulled out of garages #1 and #4 and hauled to the front and back yards.

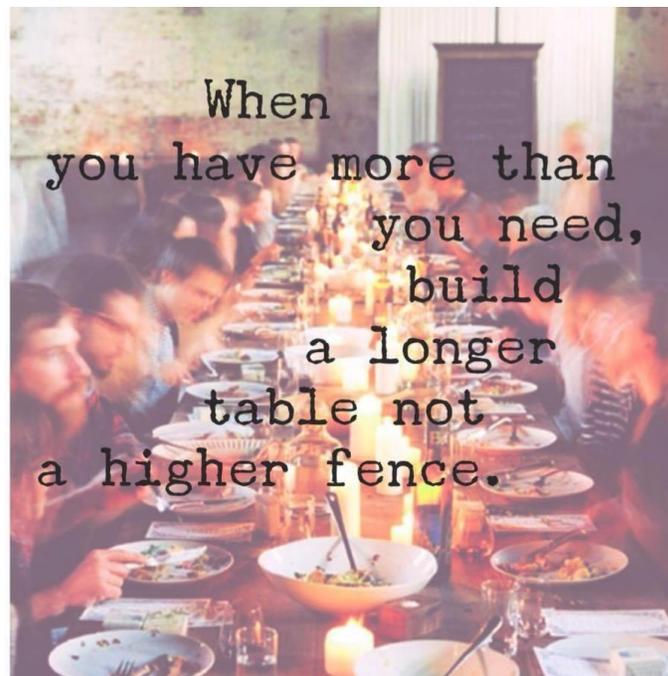
Not to leave out all of the people who made goodies for the refreshments tables, to the bartenders Laura and Jonathan Gourlay, to Jim Fearnside and Rev. Shayna Appel for providing a homemade soup and sandwich luncheon for the workers. Thanks to Dwight Schenk who led the volunteers who set up the dining room after the Community Supper and carried out the boxes of clothing from the storage areas, to the cashiers lined up by Carolyn Saari, and the men and women who stayed to the very end, clearing away the leftover goods.

Thank you, everyone -- especially to those unnamed volunteers -- for helping to make this a superb community event. ~ Marsha Morrow

Community

HALLOWEEN BENEFIT CARWASH

A group of local youths are planning a benefit carwash on Saturday, October 31, from 10 AM to 1 PM, in the church parking lot to benefit the Congo Children's Fund. This is a non-profit organization based here in Peterborough with a mission of helping orphaned children of the Democratic Republic of the Congo. Specifically, the youth are raising funds to send some of the children in a Kinshasa orphanage to school for one year. Come help support their efforts and have your car cleaned at the same time!



Granny D: The Power of One

A one-woman play by Dixie Tymitz

Peterborough Unitarian Universalist Church

Wednesday, November 4th 7:00PM



Doris "Granny D" Haddock
1910-2010
Legendary Campaign Finance
Reform Activist

Peterborough Unitarian
Universalist Church
25 Main Street
Peterborough, NH



Actress Dixie Tymitz

We can do no great things -- only small things with great love.

- Mother Teresa -

Be loyal to peace, justice and the social good. Vanessa

Contact Information and Regular Office Hours

Shayna: Monday and Thursday 10-2, Wednesday – visitation hours; (802)579-6066
email: kshaynaappel@gmail.com

Olivia: (603) 554-2294
email: oholmes34a@hotmail.com

Vanessa: Monday through Friday (yes, every day!) 8:00
am – 12:30 pm. 924-6245
email: vanessa.amsbury@uupeterborough.org

Char: Monday and Friday 12-4pm and Wednesday 12-
5:30pm; 924-6245.
Email: char.james@uupeterborough.org

Note* Actual times are subject to change dependent on
individual schedules.



Red: Respect the importance and value of every person.

Orange: Offer fair and kind treatment to everyone.

Yellow: Yes to spiritual growth and learning.

Green: Grow by exploring ideas and finding your truth.

Blue: Believe in our ideals and voice your vote.

Indigo: Insist on justice, freedom and peace for all.

Violet: Value our responsibility in the web of life.

Our covenant makes a rainbow.

Cool.

